

St. Lawrence Primary

NEWSLETTER

2022 - 2023 / Vol 3

SLP GETS HEALTHY

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Notices and Reminders



*Students make healthy smoothies with fruits and vegetables with Dr. Mercedes (a pharmacist) and Chef Phil who are the husband and wife team of **Five Loaves & Two Fish Healthy Teaching Kitchen**.*

The Ministry of Education launched its **School Nutrition Policy** in Term 3 of this academic year. At St. Lawrence Primary School we endorsed this initiative and encouraged students to make healthier choices with respect to their food, drinks and snacks. We used various strategies to engage the students and helped them to see the benefits of using alternative products.

The students of the Infants Department were treated with a visit by the dynamic team who specialises in conducting live cooking demonstrations which highlight healthy and affordable eating options to students and adults. The little ones enjoyed making delicious and very nutritious **smoothies**.

On Thursday, May 18, 2023, the staff and students of the St. Lawrence Primary observed a day of peace.

Peace Day



The students engaged in a peace march through the St. Lawrence Gap displaying peace signs and posters, chanting our very own peace song: "My P.E.A.C.E.", singing peace hymns and songs, reciting poems on peace and listening to stories about peace. They also celebrated the day by adopting a peace pledge, which they solidified by imprinting their fingers on the peace sign on the flag. It demonstrated their commitment to practising peace.

Once Upon A Retirement

Embarking on a new journey is Miss Harriette Simmons. On Friday, June 9th 2023, the principal, staff and students honoured Miss Simmons with tributes for her years of dedication to the school. For this occasion, the staff and students shared their most memorable moments of her and delighted her with a variety of poems and songs.



Additionally, they paid homage to her favourite colours, by wearing royal blue and green hair accessories and t-shirts. May she enjoy the fruits of her labour.

Our educational tour to Harrison's Cave was highly anticipated experience event by the students, teachers and parents alike. Exploring the impressive and captivating natural beauty of the cave's interior was a breathtaking experience for all.



Evidence of this was heard as students uttered words and phrases like: Wow! Amazing! This is Awesome! The exterior landscape of the cave was also quite spectacular and intoxicating.

The students thoroughly enjoyed further exploration of the cave's majestic and lush landscape as they trekked along the nature trail and inquisitively journeyed through the aviary which housed a plethora of beautiful birds.

Tour to Harrison's Cave

School Beautification Projects



The grounds at St. Lawrence Primary are looking a whole lot better thanks to some of our corporate sponsors and friends. The students definitely appreciate the enhancements to their surroundings.

Thanks to: Turtle Beach by Elegant Hotels
Hon. Adrian Forde and the Ministry of National Beautification
Lia Murray and friends from the University of the West Indies

SLP GIVES BACK



As the hurricane season is upon us, our focus this term was on donating non-perishable items to aid the members of the Blind and Deaf Workshop in their preparations. On Wednesday, June 12th, 2023, we donated six baskets full of non-perishable items to raise awareness on inclusivity, while striving to bring joy, comfort, and peace of mind to our surrounding communities. Sincere gratitude is extended to the parents and students for the contributions they made towards this initiative.



Visit by Police Officers

An interesting, informative and interactive visit was made by police officers of the Hastings-Worthing Police Station. The Class 4 students thoroughly enjoyed this session as they make preparations for Secondary School.

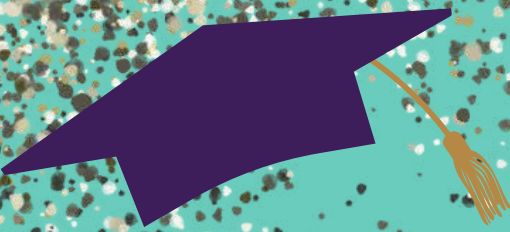
Important topics like crime and decision-making were discussed. The students were sensitised through the use of scenarios (role play and a skit) as to some of the challenges they may encounter such as drugs, gangs and bad company as they transition from primary to secondary school.





Prize GIVING

Over the years St. Lawrence Primary School has recognised students who excelled in academics and activities. What better way to acknowledge their efforts than by awarding them with mementos of appreciation? The prize giving ceremony was held on Thursday, June 13th, 2023. Each teacher presented his/her outstanding students with a token of appreciation for their hard work and dedication to their academics and activities done over the school year. Congratulations on all the hard work, students!



The St. Lawrence Primary School held its annual graduation ceremony on July 14th 2023 under the theme “ Let P.E.A.C.E Guide Your Purpose.” The graduands performed items highlighting the importance of having P.E.A.C.E (Perseverance, Enthusiasm, Authenticity, Courage and Excellence) as core values. The guest speaker for the day, Master Meshach Blackman, gave the graduands sound advice, reinforcing their value and self-worth.

All the best to our graduates as they prepare to enter the next chapter of their lives.

Thanks to our sponsors & contributors:

Barbados Light & Power Co. Ltd., Downes & Wilson Funeral Home, The Church of St. Lawrence, Ivan Harewood Centre, Lions Club Christ Church West, Sandals Barbados, Touching Lives Charity, Turtle Beach by Elegant Hotels, Mrs. Eleanor Brathwaite, Mrs. Esther Brewster, Mrs. Gloria Bryan, Ms. Earlene Charles, Ms. Andrea Cheltenham, Ms. Deborah Gittens, Mr. Roger Gittens, Ms. Yvette Greenidge, Ms. Joyce Harper, Mr. John Ifill, Mr. Darnley Marshall, Mrs. Brenda Mascoll,

Dr. Adrian Richards

Hon. Ralph Thorne K.C. M.P.

St. Lawrence Primary School Old Scholars Association

The Principal & Staff of the St. Lawrence Primary School



EXTRA CURRICULAR ACTIVITIES

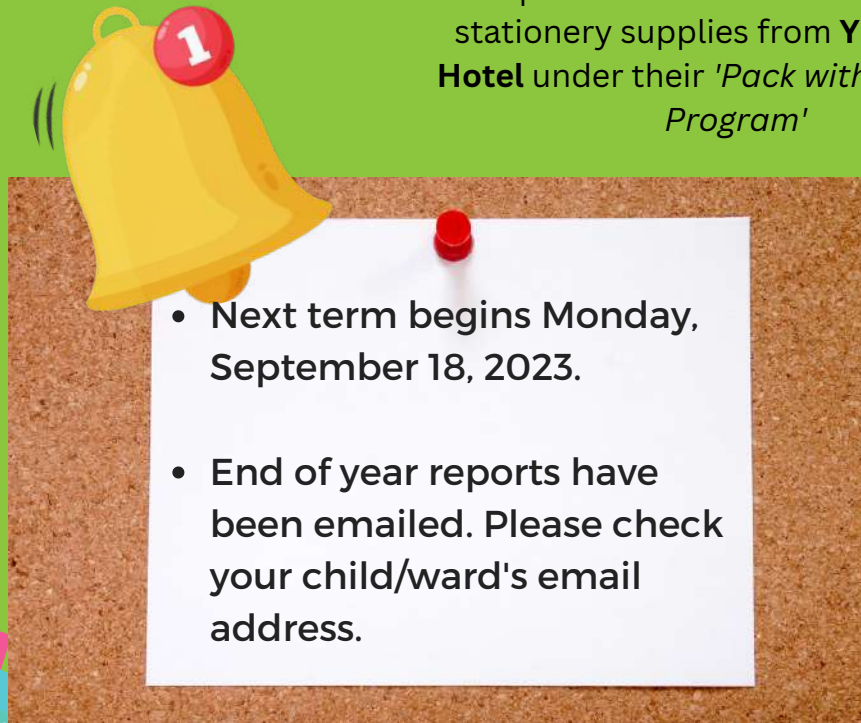
There are several clubs and extra-curricular activities which take place at St. Lawrence Primary: Karate, Violin, Reading, Brownies & Blossoms, Beavers & Cubs, Football, Netball and ISCF.

DONATIONS!

- St. Dominics Breakfast Program
- Turtle Beach by Elegant Hotels
- Minister of Environment & National Beautification, Hon. Adrian Forde Rph.
- Church of St. Lawrence
- Yellow Bird Hotel
- ISCF Team
- Mr. Keith Brandon
- Kooyman Barbados
- Parents of St. Lawrence Primary School



Mrs. Sobers-Tull, Reading Specialist, and Principal Gittens received a donation of stationery supplies from **Yellow Bird Hotel** under their 'Pack with a Purpose Program'



For more information visit us at stlawrenceprimary.weebly.com