

### DID YOU KNOW?

This term the students of Class 3 embarked on a Science project to trace the journey from *eggs to chicks*. They shared some fun facts that they learnt from this project. Look below and ask yourself, how many did **you** know?

- You do not need a hen to hatch chicken eggs.
- Chicken eggs can be hatched in a homemade incubator.
- There are more chickens on earth than humans.
- Chickens eat pebbles to grind up their food due to their lack of teeth.
- Chicken's eggs take 21 days or 3 weeks to hatch.
- There are over 100 breeds of chickens.



Students of Class 3 explaining the process from eggs to chicks to their attentive student audience.

- The temperature in the chicken egg incubator must not exceed 101 degrees Fahrenheit.
- All eggs are not fertilized.
- · Only fertilized eggs can produce chickens.
- Hens turn their eggs over 50 times a day. In an incubator, eggs must be turned at least 3 times a day.
- Candling is shining a bright light (LED torch) on an egg to see what is inside of the egg. The area must be dark.



#### In this issue...

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Recent Events

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- d. Science & Technology Festival
- e. Food, Nutrition & Wellness Seminars

**Donations** 

**Notices and Reminders** 



For Sports Day 2024, Gold house won with a whopping 818 points. Purple came 2nd with 760 and Orange 3rd with 513. The Victor Ludorum was Malachi Sargeant who emerged with 50 points and Victrix Ludorum was Tianna Walcott who out performed the other females with 58 points. Outstanding performances must be noted by

Ajaydon Goodridge-Browne and Camiyah Atkins under 7 boy and girl divisional champions;

Carleon Prescod-Brome and Zarryn
Singh under 9s boys divisional
champions;

Malakai Holder and Stassia Irving under 11 boy and girl divisional champions; and

Sabra Ruck under 13 girl divisional champion.

St Lawrence Primary School had an impressive performance at this

year's Napsac Zonal
Championship. St. Lawrence
Primary being one of the smaller
schools in the Freida Nicholls
Zone placed 3rd in the boys with
151 points and 5th in the girls
with 81 points. There are about 9
schools in each zone. Each athlete
performed well in the track and
field events, which led to a

noteworthy performance overall.

Special mention must be made of our top 5 athletes, who, because of their tremendous performance in the zone, advanced to the Napsac Finals.

Kemani Beckles was Victor Ludorum in Freida Nicholls Zone with 30 points for coming 1st in the Under 11 boys 100m race, 200m race and long jump.

Malachi Sargeant gained 26 points for coming 1st in the Under 13 boys 400m race, 1st in the 200m race and 3rd in 100m.

Ra'jaysha Braithwaite came 1st in the under 11 girls long jump with a jump of 3.45m

Teviah Bacchus-Waithe placed 1st in the Under 11 girls cricket ball throw with a distance 27.30 m.

Ajaydon Goodridge-Browne came 2nd in the boys under 7 50m race.

Overall, St. Lawrence Primary placed 14th in the boys out of 47 schools and 22nd in the girls out of 49 schools. Indeed, these 5 students, not only at Zonal level but also at the Finals, displayed their superpowers.



#### INTERNATIONAL DAY OF MATHEMATICS



International Day of Mathematics is celebrated worldwide on 14 March every year. The theme for this year was "Playing with Maths". At our school, we celebrated with an exciting 'Math Jamboree'.

#### **PLAYING WITH MATHS**

Six stations were set up around the school. The students were challenged to win prizes as they played math board games; participated in a math scavenger hunt; played online games in a math arcade; added and subtracted sums in math bingo; sang math songs at karaoke; and took measurements in varied settings such as long jump.









It was a day of fun and entertaining activities which helped to connect students with Mathematics in everyday life to enhance their mathematical thinking.



On Friday, March 22nd, 2024 students from Infants B – Class 4 attended the Science & Technology Festival at the Lloyd Erskine Sandiford Centre. Some of the exhibits which the students explored showcased: Virtual Reality, 3D printers, Aerial Robotics, Augmented Reality and VEX Robotics. Additionally, they viewed and listened to presentations which highlighted the use of wind and rain measuring instruments and participated in a variety of fun and novel science experiments. The children thoroughly enjoyed the opportunity to learn more about the innovations and developments in the fields of science and technology.

## Food, Nutrition & Wellness



The Heart & Stroke Foundation shared a presentation on the importance of making great choices for snacks and drinks. The session was interactive and educational and the students are now better informed about what kinds of foods serve their bodies best.



Ms. Leanda Hurdle, Community
Nutrition Officer with the
Ministry of Health & Wellness,
held two dynamic sessions with
the Class 2 and Class 4 students.
Ms. Hurdle introduced them to
the six Caribbean Food Groups
and provided them with
information to help them select
healthy foods as a part of their
daily diet.



Dr. Mercedes Harris-Barnum of the Five Loaves & Two Fish organization, conducted informative cooking classes with the students of Class 2 over a period of four weeks. The students learnt many elements of a healthy lifestyle mainly focusing on selecting and preparing healthy meals for breakfast, lunch and dinner. Our budding chefs are now capable of cooking homemade foods such as grain waffles, chicken nuggets, vegetable pasta and fruit snacks.

Thank you, Dr. Mercedes!

# Reminder

- Next term begins Tuesday, April 23 2024.
- Literacy (Character) Day Tuesday, April 30 2024
- Barbados Secondary School Entrance Exam Tuesday, May 7 2024

## DONATIONS

Rev. Sandra Hazell & Members of the
Church of St. Lawrence
St. Dominics Roman Catholic Church
Sandals Foundation
Mark Anthony International SRL
Cafe Sol
Shirley's
KPMG

Old Scholars Association
Turtle Beach by Elegant Hotels
Barbados Bottling Company Limited
Clyde B. Jones Funeral Home
Jo-Anne Jones Funeral Home
Mr. Janal Browne J.P.

Mrs. Andrea Cheltenham
Ms. Mechelle Shepherd
Ms. Jan Phillips - Heart & Stroke
Foundation

Dr. Mercedes Harris-Barnum - Five Loaves and Two Fish Healthy Teaching Kitchen

West Indies Cave Hill Campus Ms. Leanda Hurdle - Ministry of Health and Wellness The Conway Family - Visitors Southern Palms Hotel Ms. Nicole Barrick - California, U.S.A. Yellow Bird Hotel The Deighton Griffith Secondary School National Cultural Foundation The Heart & Stroke Foundation Hope For Children Charity **Chickmont Foods** Popular Discounts Nicholls Bakery Zephirin's Bakery Visitors - Sandals Resorts Parents and Guardians

Dr. Rainy Demerson - University of the